

Invitation to Express Interest

Brussels Learning Mobility

Three days at the heart of Europe with Erasmus+

Project Skill Up for Europe | Erasmus+ Adult Education

Project code 2026-1-IT02-KA122-ADU-000434292

Organisation EuGen – European Generation

Dates 7–11 December 2026 | 3 activity days, 2 travel days, 4 overnight stays

Destination and places Brussels, Belgium | 10 places available

Overview and objectives

As part of the Erasmus+ Skill Up for Europe project, EuGen offers participants in its training courses the opportunity to take part in a group learning mobility in Brussels, at the institutional heart of the European Union. The experience combines training with visits and meetings on site to explore EU institutions and policies and understand their impact on citizens' lives.

Main objectives

Strengthen European identity and citizenship by deepening participants' knowledge of EU values, institutions and policies.

Encourage engagement with the European environment in Brussels through meetings with organisations, representative bodies and professionals working there.

Promote inclusion and equal opportunities by making the mobility more accessible to people with fewer opportunities.

Who can participate

Adults aged 18 or over who reside in a European country and are enrolled in, or have completed, one of the following EuGen courses may express their interest: European Project Design – Basic Course, European Project Design – Advanced Course, or European Project Design – Basic + Advanced Package.

Participation and selection criteria

There are 10 places available. Selection will follow transparent, fair and inclusive criteria:

3 places are reserved for participants with fewer opportunities.

A balanced representation of genders will be encouraged, taking into account the applications received.

Where applicants have the same priority, expressions of interest will be considered in the order in which they are received.

Expressing interest does not automatically guarantee a place. EuGen will contact selected applicants with instructions on how to confirm their participation.

Programme and activities

The mobility will take place from 7 to 11 December 2026: outbound travel on 7 December, learning activities from 8 to 10 December, and return travel on 11 December.

The programme includes educational visits to the Council of the EU, the European Parliament, the European Commission, the European Economic and Social Committee and the European Committee of the Regions. These activities will help participants understand how the EU works, how decisions are made and the role of its institutions. Visits to the House of European History and the Parliamentarium are also planned, along with workshops and meetings with professionals, organisations and representative bodies active in Brussels. The detailed programme will be shared with selected participants.

Travel and accommodation

Travel will be by direct flights between Rome Fiumicino (FCO) and Brussels Airport (BRU). Participants will stay for four nights at Latroupe Grand Place in central Brussels, in separate female and male dormitories reserved for the Skill Up for Europe group.

Erasmus+ funding

The mobility is funded by the Erasmus+ Programme. Funding covers return flights between Rome and Brussels and four overnight stays with breakfast. Meals and local transport expenses will also be reimbursed under the conditions and within the limits of Erasmus+ funding. Selected participants will receive organisational and administrative instructions before departure.

How to express your interest

After completing your course registration, send an email to info@eu-gen.org with “Expression of Interest – Brussels Learning Mobility” in the subject line.